

## In partnership with the Indiana State Department of Health

The Commodity Supplemental Food Program (CSFP) is a USDA program administered through the Indiana State Department of Health and distributed through Tri-State Food Bank. It serves to supplement the diets of adults age 60 and over who meet set income requirements. Participants receive a monthly box of food chosen to address common nutritional deficiencies in older adults, such as vitamins A and C, calcium, and iron.

### Boxes may include:

- A 2lb block of cheese
- Canned meats
- Vegetables
- Fruits and juices
- Shelf-stable milk
- High protein items
- Grains, pastas and cereals
- Recipes and nutrition information

### Income Guidelines:

#### You may be eligible to receive a monthly box of nutritious USDA foods if:

- you reside in the county of distribution
- you are 60 years of age or older
- you meet these income guidelines

| Household Size | Annual Income | Monthly Income |
|----------------|---------------|----------------|
| 1              | \$23,940      | \$1,995        |
| 2              | \$32,460      | \$2,705        |
| 3              | \$40,980      | \$3,415        |
| 4              | \$49,500      | \$4,125        |
| 5              | \$58,020      | \$4,835        |
| 6              | \$66,540      | \$5,545        |
| 7              | \$75,060      | \$6,255        |
| 8              | \$83,580      | \$6,965        |

**Name of site: St Paul's UCC/White Oak Manor**

**Phone number: 812-598-4880**

**Distribution Site Address: 509 N. St. Joseph Ave. Evansville, IN 47712**

**Address: 7700 Middle Mt Vernon Rd. Evansville, IN 47712 (church)**

**Days of distributions: Third Thursday**

**Hours of distribution: 1:30 to 3:30**